



Max Potential young adult Garath Cumberland and coach Ed Turner.

Garath writing own recipe for success

MAX POTENTIAL

GARATH Cumberland has set a financial goal and a community service of cost-effective menus for other young adults, as his aims for his time in the program.

"I'm going to ask all of my friends and family if they need any jobs done so I can earn \$80 to buy a gazebo, which will be used for the [Max Potential] Showcase in August," he said. "It's to show that if I set my mind to a goal and plan I can get it done - just like a recipe."

Speaking of which, he will be helping out the community by compiling a quick meals booklet. "It's so people don't have to fuss over how much money or time they have or what they want to do for dinner, lunch, or breakfast," he said.

First time MP coach, Ed Turner, said that he too is getting plenty out of the program. "Garath brings to my attention all the Max Potential principles, what I try to instil in him I become more aware of in myself," he said.

Garath added, "he's brilliant, he's a good coach and a good friend, he always keeps me on track." And went on to say he joined the program to help out in the community and would recommend it because what it's done for him.

"When it's done I'll remember what they've helped me with and keep on track setting goals and achieving them. I would recommend it because others could get the same things out of it that I did - planning, setting templates, and confidence."