

Call goes out for students, coaches for Max Potential

By LAUREN STANFORD

It's that time of the year again, when high school students, TAFE students, and young adults are asked to put their hands up for 22 weeks of personal leadership development through the Club Mudgee Max Potential program.

Program co-ordinator Fiona Brown has started recruiting for the 2015 program, and is hopeful that when the program begins on March 2 there will be 20 young adults and 20 community coaches ready to go.

"There has been a great amount of interest from the three high schools and St Matthew's so far, with a few students already having put their hands up," Mrs Brown said.

It's not just the young adults who are being asked to maximise their potential.

Mrs Brown is looking for as many community coaches to help guide these young adults on their Max Potential journey as possible.

"We would really like to see more coaches from Gulgong, Kandos and Rylstone this year to be paired with students who will take part from those areas," she said.

"We really want to build the capacity within the community for leadership and potential by having the young adult and their coach come from the same town," she said.

Businesses, schools, and community members who have participated in previous years have found that the essentials of Max Potential can be used in their own lives and careers.

Mrs Brown said community members who were already involved in some sort of coaching in the wider community were encouraged to attend an information session to see how their skills can be expanded.



2014 young adult Aimy Kelly looks pleased as punch at the Max Potential Showcase in August. Max Potential has started recruitment for the 2015 program. 030814/DSMAXPOTENTIAL/3494

The Max Potential program is expanding across the state as more clubs join after seeing how young adults have benefited in areas such as the Mid-Western Region.

"Max Potential as a whole will turn ten in 2015, and the Mudgee Max Potential program will enter its ninth year," Mrs Brown said.

"It's something we're particularly proud of, to have been part of the organisation for so long."

Two information sessions for young adults and coaches will be held in the coming weeks.

The first will be held in Gulgong on Tuesday, November 11 at 5,30pm in the Gulgong Primary School hall, and the second will be held at Club Mudgee on Monday, November 17 at 6pm.