



Max Potential Coach Kristie Newman from the Cudgegong Valley Motel, with her young adult Monique Lowe, is a first time Max Potential coach.

Businesses get on board

By LAUREN STANFORD

Mudgee businesses have jumped on board in support of the Club Mudgee Max Potential Program again this year. Several local businesses around town have put forward employees as coaches including the Cudgegong Valley Motel, Peter Druitt & Co and Mudgee Bakery and Café.

"This is my first year as a coach," Kristie Newman from the Cudgegong Valley Motel said. "I heard Fiona (Brown) speak and the way she spoke about the program just made it sound wonderful."

Joining Ms Newman and showing support for the Max Potential program are second time coaches Peter Druitt and Cassandra McDonald.

"I'm loving it so far," Ms McDonald said. "I'm facing different challenges and I have a whole new young adult to mentor who has a whole new set of problems to work through but it's definitely enjoyable."

Mr Druitt said the reason for his return as a coach in 2013 was the enjoyment and value he got out of the program.

"I thought it was very valuable for both myself and my young adult," he said. "I went into it this year reckon-

ing I could do better because I already had a year of coaching under my belt."

Ms Newman said she was looking forward to seeing her young adult, Monique Lowe, grow as the program progressed.

"I'm very positive about the whole thing. Already I know that the coaching I've been through has helped with the way I communicate with guests while at work and with my children at home," she said.

Ms McDonald said that she couldn't find fault with the program in the two year's she has been involved and had been applying the things she as a coach had learnt to her employees in the workplace.

"I'm coaching my employees now rather than just telling them to do something so that they're learning things as well," she said.

While still early days for the 2013 program, all three coaches said they would consider returning as coaches for the 2014 program if the circumstances were right and would definitely bring up the possibility of coaching with their employees.

"I think anyone's that interested in helping out and learning should go for it," Ms Newman said.

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