

# Always have a ‘plan B’ says Kaitlyn Yeo

By *LAUREN STANFORD* July 29, 2014, 4 a.m.



Max Potential has been an amazing experience for Mudgee High School student Kaitlyn Yeo.

Part of Max Potential is learning that if something doesn't work out the way you planned, there is always another way to achieve your goal. Max Potential young adult Kaitlyn Yeo found this out first hand when it came to her community service project and said before Max Potential she probably would have given up all together.

“I started off wanting to do a dance for the elderly at Kanandah and get a few of my friends involved before realising that I wasn't going to have enough time. Luckily, I had a plan B thanks to what I've learnt and was able to come up with something else I was interested in and thought would help out,” she said.

Kaitlyn's revised community service project involved her speaking to the elderly at Kanandah and asking them about their lives, what they could remember about the Mudgee from their youth, and what activities were available in town for people their age now.

“I thought it would be a way for the community to understand what the elderly would like to see in the region,” she said.

Kaitlyn first got involved with Max Potential because her parents thought it sounded interesting and didn't want her to miss out on an opportunity. Nearing the end of the program, she said it was an amazing, eye-opening experience and she's glad she got involved.

“It's been a mix of hard work and lots of work but Susan has been great because she's always got suggestions to help me understand an idea,” she said.

For the Year 10 Mudgee High School student though, the best part of Max Potential has been getting to know her fellow young adults and creating new bonds across the community that she didn't think she would have been able to make without Max Potential.

“I'd definitely recommend it to anyone who was thinking about giving it a go. Max Potential has helped me find the right mindset and realise that if something doesn't turn out right the first time it's not the end of the world.”